



OCTOBER 2016 NEWSLETTER

Today's Life School & Child Daycare - 12901 Roberts Drive, Eden Prairie, MN 55346

What's going on around our School?

A look into what's happening throughout our center:

- Last month we had our breakfast with Grandparents event and we all had a wonderful time! Thank you to all of the grandparents who attended. We hope you enjoyed yourselves.
- We are excited to have a new afternoon snack for all of our toddlers, preschoolers, and pre-k children. We wanted to create a healthier snack menu that reduces carb intake and adds more fruits/veggies/protein to the children's diet.
- Thank you to all parents who ordered Scholastic books last month. Books make wonderful gifts during the holiday season and our school gets points every time you order for books for our classrooms. You can still order Scholastic books anytime! Just make sure to enter our school code which is MB2WQ.
- We welcome baby Sam and Kaylee to our infant room and we welcome Liam and Kavi to our toddler room. We are happy to have you joining us!
- Optional Parent/Teacher conferences will be November 7th, 8th, 9th. Please be on the lookout for a signup sheet located right outside your child's classroom.
- Please make sure your child has weather appropriate clothing here at school every day. Jackets, scarves, hats, mittens, etc are all a good idea. Also, make sure all of your child's belongings are labeled with their name - this will really help us avoid confusion especially for the younger children.
- Our nurse from MNCHC came last month and talked to us all about sanitation. We strive to provide a clean environment to prevent germs and sickness.



HALLOWEEN PARTY

Monday October 31st

From 3:30PM-4:30PM

Parents are welcome to attend! Please bring a store bought treat to share with your child's class

Upcoming Events

Picture Day - Oct 27th

Halloween Party - Oct 31st

Conferences - Nov 7, 8, 9

CURRICULUM THEMES

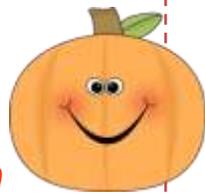
Week 1: Trees

Week 2: Pumpkins

Week 3: Fall

Week 4: Halloween

Week 5: Farm Animals



-PICTURE DAY-

Thursday October 27th

Feel free to either dress your child in their outfit or bring it separate and we can get them ready.

Leave notes if you have specific instructions!



October Birthday's

Emily – 5th

Cameron – 10th



FLU SHOT INFORMATION

Check out the website below to learn more about the flu shot and the 2016-2017 flu season!

<http://www.cdc.gov/flu/about/season/flu-season-2016-2017.htm>



JOKE CORNER

Where do baby ghosts go during the day?

Daycare centers!

What do witches put on their hat?

Scare spray!

What does a ghost eat for lunch?

A BOO-logna sandwich!

How can you tell a vampire likes baseball?

Every night he turns into a bat!

Interesting Facts about Autumn

- * Red and purple leaves are actually caused by the presence of sugars from sap that is trapped inside of the leaves.
- * Contrary to popular belief, squirrels who have spent the entire autumn collecting acorns and other foods do not hibernate for the winter. Rather, they spend the majority of their time in nests they built to shelter them from harsh weather. When squirrels do come out in winter, they are usually tunneling under the snow to find the food they buried during the fall.
- * Those that live closest to the equator, which is the center of the planet, never experience the season of autumn. Around the equator, the temperature remains consistently warm.
- * Autumn also signals another colorful spectacle apart from the tree leaves. The aurora borealis, also known as the Northern Lights, tends to be visible this time of year. This is because geomagnetic storms are about twice as likely to occur during the fall thanks to cool evening weather.

SOURCE:

http://www.richmond.com/life/celebrations/article_aa9e91de-402a-11e4-8c0f-001a4bcf6878.html

Best Ever Pumpkin Muffin Recipe

Prep Time: 15 mins **Cooking Time:** 8 min to 10 mins



Ingredients:

1 1/2 cups flour
3/4 cup sugar

1 teaspoons baking powder
1 teaspoon baking soda
pinch of salt

1 teaspoon pumpkin pie spice
1 can 100% pure pumpkin
2 large eggs lightly beaten

1/2 cup canola oil or vegetable oil
1/3 cup lowfat Greek yogurt



Preheat oven to 400 degrees. Spray mini muffin tins with cooking spray. Mix flours, sugar, baking powder, baking soda, pumpkin pie spice and salt in large bowl. In a separate bowl whisk together pumpkin, eggs, oil, and yogurt. Combine wet and dry ingredients until just blended. Spoon batter into muffin tins. Bake for 8 to 10 minutes or until toothpick comes out clean. Transfer muffins to rack to cool. Makes 30 to 35 mini muffins.
