



## TODAY'S LIFE SCHOOL & CHILDCARE Volume 2 – February 2018

### DIRECTORS NOTE:

Hello Today's Life Families,

Hello Today's Life families happy February, I am hoping that groundhog will not see his shadow and we can look forward to spring right around the corner. We have some fun things going on this month! The week of 5<sup>th</sup>-9<sup>th</sup> we will be asking families to design a Valentine's Day box with their child/children. We are asking these are all handed into your child's teacher by Monday the 12<sup>th</sup>. On the 14<sup>th</sup> we will be having a classroom party for Valentine's Day from 3:30-4:15pm you are more than welcome to join us if you would like. You may bring in treats, cards, and trinkets if you would like. Please make sure all treats do not contain any nuts. (Thank you for your help with this). The following day on the 15<sup>th</sup> is our grandparent's day. Grandparents are more than welcome to visit us with between 9:30-10:30am. A sign up sheet will be posted outside the office door.

I also wanted to see if there is any interest in a parent meeting? I would be more than happy to sit down with all of you again and discuss anything that is on your mind. If you are interested in attending a parent meeting please send me an e-mail and if we have enough interest I will set one up. Lastly as we are looking ahead to March, the 2<sup>nd</sup> is Dr. Seuss's Birthday. We are looking for parent volunteers to come read to the children that day. If you would like to come read to the children please send me an e-mail. I will be taking the first 5 to volunteers.

Thank you for sharing your families with us we are excited for a great February. -Roberta

### PARENTS, YOU'RE INVITED TO OUR VALENTINES DAY PARTY!

We will be having our Valentine's Day classroom party on Wednesday February 14<sup>th</sup> from 3:30PM– 4:15PM. More information about this event is posted on the entrance doors. Hope to see you there!



### What's going on Around School?

- One of our weekly themes this month is Dental Health we are really excited to have a dental hygienist come to our school from Tooth and Co. and talk to our toddler and preschool children all about the importance of dental health! The presentation will be on Tuesday February 6<sup>th</sup> at 9:15AM
- We will have having a Valentine's Day party on February 14<sup>th</sup> from 3:30pm to 4:15pm – more information is in the box to the right.
- Grandparents Day this month will be on Friday February 15<sup>th</sup> at 9:30am. All grandparents are invited to spend an hour in their grandchild(ren)'s classroom and follow along with the daily routine! It's a great time!
- Please bring a pair of inside shoes for your child(ren) to wear in the classrooms. We would like to avoid wearing outside shoes/boots inside of the classrooms to keep them as clean as possible.
- Please donate a box of Kleenex to your child's classroom! Lots of runny noses this time of year.

### DATES IN FEBRUARY

- February 2<sup>nd</sup> – Groundhog Day
- February 6<sup>th</sup> – Tooth and Co. Presentation
- February 14<sup>th</sup> – Valentine's Day & Party
- February 15<sup>th</sup> – Grandparent's Day
- February 19<sup>th</sup> – President's Day

### Monthly Themes

- 1) Dental Health
- 2) Valentine's
- 3) 5 Senses
- 4) Dr. Seuss



## February Birthdays

Liam C – 2<sup>nd</sup>  
 Dominic - 4<sup>th</sup>  
 Cooper – 5<sup>th</sup>  
 Abi L – 16<sup>th</sup>  
 Leo H – 19<sup>th</sup>  
 Louis C – 25<sup>th</sup>  
 Hunter – 25<sup>th</sup>



### Education Box: 3 Things to do with your 4 to 6 Month Old at Home:

- 1) **Smell the spice rack:** Take him over to the spice rack and introduce him to the intoxicating scent of cinnamon. Rub some on your hand and put it up to your baby's nose. (Don't let it get in his eyes or mouth.) If he likes it, try others: Vanilla, peppermint, cumin, cloves, nutmeg, and many other herbs and spices have intriguing fragrances that your baby might love.
- 2) **This Little Piggy** Touch your baby's toes in turn, starting with the big toe. Say, "This little piggy went to market, this little piggy stayed home, this little piggy had roast beef, this little piggy had none. And *this* little piggy went wee-wee-wee all the way home." As you say that last part, run your fingers up your baby's belly. This game is useful for putting on socks and shoes or distracting your baby during diaper changes. You can also play this game in the bathtub with a squirt bottle targeting your baby's toes.
- 3) **Fly, Baby, Fly:** Now that your baby can hold his head up, it's time to hoist him into the air. You can play that he's a rocket ship, flying him over you and making realistic rocket noises. You can play that your baby is in an elevator, which advances floor by floor before sinking quickly to the bottom (my husband likes to bump noses with our baby and say "Ding!" at this point). Or pretend that your baby's doing a helicopter traffic report.

Source: [https://www.babycenter.com/0\\_20-fun-silly-development-boosting-games-t-play-with-your-ba\\_1479310.bc?showAll=true](https://www.babycenter.com/0_20-fun-silly-development-boosting-games-t-play-with-your-ba_1479310.bc?showAll=true)



RECIPE TIME!

### COCOA SNOWBALLS (No-bake; makes 5 dozen pieces)

**Ingredients:** 3 1/2 cups confectioners' sugar, 3/4 cup cocoa, 1 1/3 cups (14-ounce can) sweetened condensed milk, 1 teaspoon vanilla, 2 cups chopped walnuts, additional confectioners' sugar

Combine sugar and cocoa in mixing bowl and stir with spoon. Add condensed milk and vanilla; blend until smooth. Stir in walnuts. Cover bowl tightly and chill in refrigerator for 30 minutes. After the 30 minutes, shape mixture into 1" balls. Next, roll them in confectioners' sugar.

Place balls in an airtight container and chill in refrigerator for at least 2 hours before serving.

### Joke Corner

**Question:** Why did the boy keep his trumpet out in the snow?

**Answer:** Because he liked cool music.

**Question:** What do you have in December that you can't have in any other month?

**Answer:** The letter D

**Question:** What do Snowmen call their offspring?

**Answer:** Chill-dren.

### WELCOME CORNER

- We welcome Wren to our toddler classroom!
- We welcome Hazel to our infant classroom!
- We welcome Zoe to our toddler room!
- We welcome Katherine to our infant classroom!

