

## DIRECTORS NOTE:

Hello Today's Life Families,

I hope you all had a wonderful long holiday weekend! Just a reminder we will be closing at 4PM this Friday and be Closed Monday the 1<sup>st</sup> in observance of New Year's. We also will be holding another grandparent's day on Monday the 15<sup>th</sup> of January from 9:30-10:30am. All grandparents are welcome. We are excited to kick off the New Year with all of our families and friends. A whole new year to make new friends and new memories! I hope you have a wonderful holiday and fantastic 2018!

– Roberta

## TODAY'S LIFE SCHOOL & CHILDCARE Volume 1



### What's going on Around School?

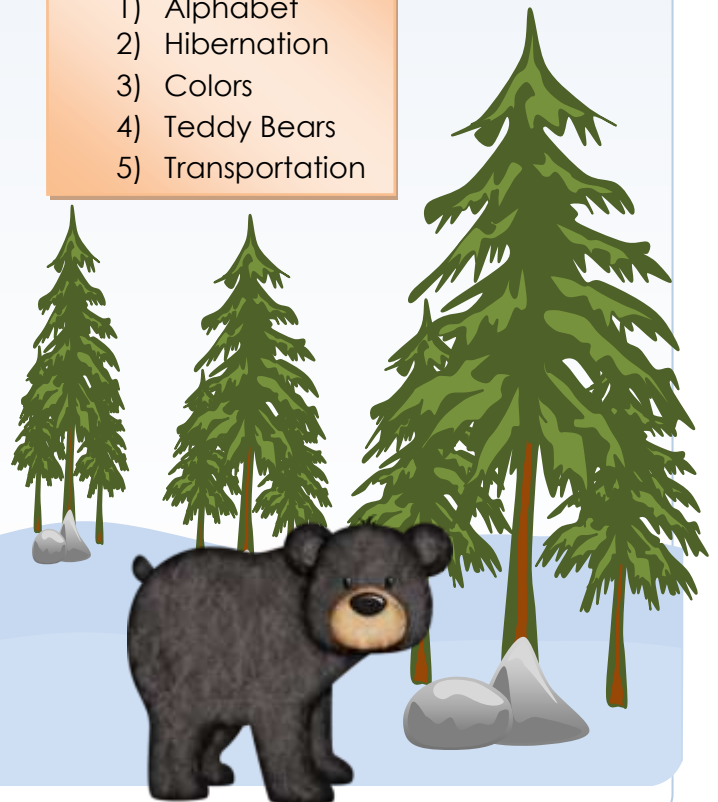
- The ramp to get to the south side entrance can get very icy and slippery this time of year. Please be very careful when using that entrance. We will try to keep the ramp open as much as possible, however, we may close it from time to time if we think it's too icy. We salt the area frequently, but were advised by the Church team not to use any sand to avoid it getting messy in the spring time.
- A friendly reminder that the \$100.00 per child yearly fee is due early this month. The fee will go towards supplies and materials for the year to come in the classroom your child is attending! Please pay by check, through our website, or email us if you'd like to add the payment to auto-payment.
- We have updated our employee handbook and parent handbook with a new policy stating that our employees are **not** allowed to babysit children attending the center. Today's Life believes all children should be treated fairly and babysitting can result in favoritism. This policy is effective January 1<sup>st</sup>, 2018 – thank you for your understanding and cooperation about this topic as we (as well as you) want all children treated with the same love, care, and attention.
- We are working on 2017 year end statements – they will be available for you by January 15<sup>th</sup>.
- Flu season is upon us so it's pretty common to see a few sicknesses and colds going around this time of year. We do our best to keep the children healthy and the classrooms and center in a clean environment. This involves: cleaning toys throughout the day, cleaning equipment, wiping running noses, washing hands often, and teaching them (if they're old enough) to cough into their elbow. We encourage you as parents to wash your child's hands at drop off and pick up to help keep germs at a minimum. Please keep your child home if they show any signs of illness so we do not continue to spread germs and get other children and adults sick. Thank you for your cooperation and understanding!

### Curriculum Upgrade

Exciting news! We have improved our curriculum layout and made it so it's easier for parents to understand and follow. You (as parents) will be able to understand what is being taught to your child throughout the day and what they are learning/doing on a day to day basis. All lesson plans for the following week will be added to your child's Daily Connect every Thursday. We hope you are excited about this upgrade as much as we are!

### Monthly Themes

- 1) Alphabet
- 2) Hibernation
- 3) Colors
- 4) Teddy Bears
- 5) Transportation



## WELCOME CORNER

We welcome Avni to our preschool classroom!

We welcome Kallie to our infant classroom!

We welcome Camila to our infant classroom!

We welcome Zayn to our older toddler classroom!

**How much water should kids drink in a day?**

**ONE & TWO YEAR OLDS:** 1-2 8oz. GLASSES  
**THREE – FIVE YEAR OLDS:** 3-5 oz. GLASSES

# 2018



## NAEYC Accreditation

**We are working on becoming accredited through the NAEYC (national association for the education of young children) organization! We have been following NAEYC best practices since Today's Life opened in 2002 however obtaining the certificate will make the accreditation official. Since we are familiar with the policies it will not take us a long time to achieve – we will be NAEYC accredited by September 2018! The following paragraph is the benefits for children through the accreditation:**

Every child deserves access to high-quality early learning experiences. NAEYC-accredited early learning programs are exceptionally well equipped and meticulously measured for indicators of quality in the classroom and beyond. From guidelines for teacher preparation through safety standards, NAEYC Accreditation ensures that programs are safe, well prepared, and intentional about ensuring children's success. As a reputable indicator of quality, NAEYC Accreditation correlates with children's greater readiness and success in school and beyond; increased educational attainment rates; and overall healthier

## Our Wishes for Our Families at Today's Life:

We wish you health, happiness, and success in your professional careers and personal lives. We wish you wonderful memories in the year to come

Every child at Today's Life is special, unique, and loved. We strive to provide the best care, education, and attention to each and every individual child. Each day we work towards making a positive impact and are role models to our children.

## Tips for Picky Eaters

- 1) Try & try again – don't try to force foods but introducing new food takes a lot of patience!
- 2) Get them involved – children are more likely to try something they are involved in creating!
- 3) Explain the why – talk to picky eaters as you offer healthy choices – teaching children about the food they're eating and where it came from, encourages them to try it.
- 4) Ask parents for help – ask other child's favorite foods are and what tricks may work at home. Working together, you can conquer the walls of a picky eater!
- 5) Make it fun. Mealtime should be a fun and engaging experience. Add colors to food, cut sandwiches into shapes, make up imaginative names for fruits and veggies, and introduce different ways to eat food, like using chopsticks!

Information from: NCA Child Nutrition Magazine



# HAPPY BIRTHDAY

Addison – 2<sup>nd</sup>  
 Everleigh – 24<sup>th</sup>  
 Emma – 28<sup>th</sup>  
 Wes M – 29<sup>th</sup>  
 Aarna – 30<sup>th</sup>